




Building Relationships

	Nature of the relationship	Quality of the relationship	Actions to take in the relationship
<p>COMMITTED</p>  <p>Only a few people will reach this level with us because of the depth of the relationship.</p>	<ul style="list-style-type: none"> ❖ Committed ❖ Faithful ❖ (Spiritual) 	<ul style="list-style-type: none"> ❖ Discover each other's strengths and weaknesses. ❖ Open and transparent communication. ❖ Freedom to listen, speak and act. ❖ Committed to confidentiality. 	<ul style="list-style-type: none"> ❖ Able to encourage, correct, confront and help them reach goals and dreams.
<p>CULTIVATING</p>  <p>Fewer relationships in our lives get to this level.</p>	<ul style="list-style-type: none"> ❖ Feeling ❖ (Emotional) 	<ul style="list-style-type: none"> ❖ Enjoy similar interests. ❖ Plan things in common to enjoy together. ❖ We 'click'. 	<ul style="list-style-type: none"> ❖ Spend time together getting to know them. ❖ "Dig" deeper into the relationship, cultivating growth (asking and answering the why questions).
<p>CASUAL</p>  <p>A great number of relationships in our lives fall into this category.</p>	<ul style="list-style-type: none"> ❖ Intellectual ❖ Factual ❖ Familiar ❖ Casual ❖ (Mental) 	<ul style="list-style-type: none"> ❖ Know casually. ❖ See occasionally (usually unplanned). 	<ul style="list-style-type: none"> ❖ Learn about them through initial introductions and conversations. ❖ Asking and answering unobtrusive questions (who, what, where) to get to know them.